

# Nabil Kobrianos

## CONTACT

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Date of birth: February 12<sup>th</sup>, 2003

## CAREER OBJECTIVE

Fast learner, motivated with a fresh, energetic and dedicated character, ready to allocate time for a career job in a leading, reputable organization. Putting into action my trainings, skills, and studies background to the maximum. With a view of making a significant contribution to the success of the company.

## SKILLS

- Punctuality
- Flexibility
- Patience

## EDUCATION

- **2021 - 2024** Bachelor's Degree in Physical Education and Sports, **ANTONINE UNIVERSITY**
- **2018 - 2021** Lebanese Baccalaureate Degree, in Sociology and Economics., **PUBLIC HIGH SCHOOL**

## LANGUAGES

- ARABIC
- FRENCH
- ENGLISH

**REFERENCES** : Available Upon Request

## EXPERIENCE

**2024 – 2024**

**ARDEH ZGHARTA PUBLIC SCHOOL**

Sport Teacher (UN)

- Organize school sports events, tournaments, and inter-school competitions
- Ensure safety and proper use of sports equipment and facilities

**2024 – 2024**

**AL SAYDE HOSPITAL – ANTELIAS**

Coach

- Motivating and providing instructions and guidance for old handicap
- Providing general advice on lifestyle changes

**2023 – 2025**

**DEA DEL MARE RESORT / PLAGES DES ROIS – BYBLOS  
HALAT SUR MER**

Lifeguard

- Supervising swimmers
- Spotting hazards and preventing accidents
- Giving advice on water safety
- First aid including CPR

**2021 – 2024**

**ANTONINE UNIVERSITY GYM – MEJDLAYA**

Personal Trainer

- Evaluating client needs and goals, and providing physical guidance
- Modelling workouts and making a workout schedule for clients

**2021 – 2022**

**GSA “ Football**

Football Coach

- Plan, organize, and conduct football training sessions and drills
- Develop players' technical, tactical, physical, and mental skills

**2021 – 2022**

**OCEAN BLUE HOTEL & RESORT – BYBLOS  
WHITELACE HOTEL RESORT & SPA – HALAT**

Runner

- Deliver food orders from the kitchen to customers' tables rapidly
- Ensure food is served in accordance with safety standards

## TRAININGS AND WORKSHOPS

- Certified Football Trainer Focus on Speed Component, UA Faculty of Sports Sciences. **Antonine University, Mejdlaya (15 Apr 2024)**
- Certified Adapted Nutritionist, UA Faculty of Sports Sciences. **Antonine University, Mejdlaya (16 Mar 2024)**
- Certified Badminton Trainer for Special Needs, Lebanese Badminton Federation. **Hoops Club, Hazmieh (2 Mar 2024)**
- Certified Sports Event Management Coaching and Leadership, Skills4Sports. **Rene Moawad Foundation, Zgharta (1 Jul 2023 – 30 Sep 2023)**
- Certified Personal Trainer, Sports Academy School. **Rene Moawad Foundation, Zgharta (1 Jul 2023 – 30 Sep 2023)**
- Certified of Participation in the National Training Study, Organized by The Lebanese Volley Ball Federation. **Amchit Club (28 – 29 Oct 2023)**
- Certified Lifeguard and First Aid, General Directorate of The Lebanese Civil Defense. **Portemilio Hotel & Resort, Jounieh (13 Jul 2023)**
- Shuttle Time University Course with Practical Assessment, Badminton World Federation. **Antonine University, Mejdlaya (16 Feb 2023)**
- Shuttle Time Teachers Course – Face to Face, Badminton World Federation. **CIS, Tripoli (19 Jul 2022).**